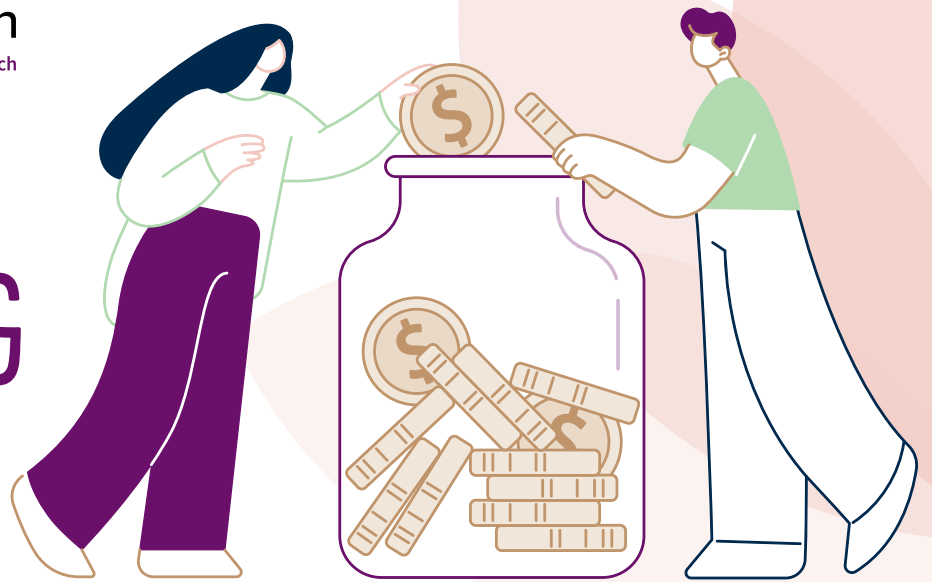


BECOME A FUNDRAISING HERO!



The RBWH Foundation is the charity that supports Royal Brisbane and Women's Hospital (RBWH), STARS, Redcliffe Hospital and Herston Health Precinct institutes and centres - helping to fund advances in patient care and life-saving research.

RBWH has a global reputation for excellence and world-leading discoveries that result in innovations and improvements in patient care. As the Foundation for RBWH, we work closely with health professionals to achieve the goals of providing the very best patient outcomes, and to be at the forefront of better healthcare for everyone.

How your support makes a difference

With over 500 researchers and almost 1,000 research projects completed each year at RBWH alone, the funds raised by the RBWH Foundation are critical. Medical discoveries take time and further funding is always needed to ensure this life-saving work continues.

With your support, the RBWH Foundation can provide the best medical minds with time to focus on what matters most to them and their patients: saving and transforming lives.

Annie's Aneurysm Awareness Fundraiser

At just 21 years of age, Annie Barnett, a seemingly healthy young woman in the prime of her life, was left fighting for her life, following a rupture of two brain aneurysms and a stroke.

Annie was rushed to Royal Brisbane and Women's Hospital (RBWH) for emergency surgery to clip a bleeding brain aneurysm. Multiple aneurysms were discovered, prompting a very personal quest to raise awareness and funds for aneurysm research with the RBWH Foundation.

"I want everyone to know what an aneurysm is...it's my biggest passion in life now," explains Annie. "I think there was an assumption that because I was young that this wouldn't happen to me."

Annie recently partnered with Oak Tree Retirement Village (home of her grandmother, Rose), to host a fundraising morning tea, which helped raise awareness of aneurysms and raised nearly \$6,000 for the RBWH Foundation to support medical research.

It would be incredible if, in the future, there was some sort of routine scan or blood test that could indicate a person's risk of developing an aneurysm," said Annie. "Research and awareness is vital."



FUNDRAISING IDEAS IN YOUR COMMUNITY

Not sure where to start? Check out some of these simple, tried and tested ideas to inspire your fundraising journey.



Containers for Change makes it easy to turn your empty containers into change for a good cause. Simply click the link below and sign up to donate via the RBWH Foundation member number.

<https://bit.ly/4ciAYo2>

Themed trivia night: Dust off those bell-bottom jeans and groovy sunglasses for a themed trivia night. You could charge entry or offer prizes on the night to incentivise donations.



Teddy Bear Drive: Next Christmas season, encourage the spirit of giving in your local community by encouraging friends, family and colleagues to purchase an RBWH Foundation 'Hope' teddy bear. Contact us for more information.

Chocolate Fundraiser:

Chocolate drives are a simple and easy way to encourage peer-to-peer fundraising in your local community. Simply visit Cadbury www.fundraising.com.au to get started.



Do it your own way! Have your own great fundraising ideas? The sky's the limit! Whether it's a tried and tested method like a sausage sizzle, or something new and innovative like an art auction – it's always inspiring to see the sense of achievement that comes from a successful fundraiser.

To create your own fundraiser, visit

<https://www.rbwhfoundation.com.au/fundraising-hub>

entertainment

Entertainment Books: When you purchase an Entertainment Book via the below link, not only do you have access to 100s of everyday savings on things like dining, shopping, groceries, activities and more – 20% of every book sold goes back to support patient care and life-saving research at Royal Brisbane and Women's Hospital! <https://bit.ly/3WUHUD6>

Bake sale: Nothing says fundraising like a good old fashioned bake sale! Throw on your apron and getting cooking for a cause, with all proceeds going to the RBWH Foundation.



Sponsored fitness challenge: Walking, running, swimming... whatever type of exercise you choose, get sponsored for your efforts for every km you hit on the way to your goal!

READY TO BECOME A FUNDRAISING HERO?

The RBWH Foundation fundraising team is here to help! For more information contact: fundraise@rbwhfoundation.com.au or call 1300 363 786.

Scan the code to register as an RBWH Foundation fundraiser, today.

